

Egyptian Area Agency  
on Aging  
200 E. Plaza Drive  
Carterville IL 62918  
618-985-8311

# RSVP of SI Newsletter



July-August 2022

July 4

Office Closed



July 23

National Gorgeous  
Grandma Day



August 6

Farm Worker  
Appreciation Day



August 17

National Non Profit Day



Volunteers,

Thank You for everything that each one of you do to help your communities.

As a new fiscal year began July 1st, we are pleased to announce that there is money from the previous fiscal year to get you all gift cards for an appreciation. If you volunteered anytime from July 1 2021-June 30 2022, you are eligible. Please call Kandi or Emily to set up a way to get your gift card or stop by Egyptian Area Agency on Aging to pick up your card. All gift cards must have a signature from a volunteer or a

representative. Once again we appreciate everything you do and look forward to another great year!



Sincerely,

RSVP of SI

Please Remember that timesheets are due the **10th** of each month to be considered for our monthly drawing!

Please follow us on Facebook at **RSVPOFSI** for the latest News

# Volunteer Spotlight

Patricia Nardini

&

Specialized Equine Services and Therapeutic Riding



Patricia Nardini is a volunteer at Specialized Equine Services and started volunteering with RSVP of SI in March of 2020. Patricia gave a presentation about her volunteer efforts with Specialized Equine services on June 2, 2022 at a Natural Health Professionals Meeting.

Specialized Equine Services provides services for individuals with a variety of disabilities using equine assisted activities. Riders benefit in many ways some include flexibility, balance, range of motion, emotional well being, memory, communication and PTSD support. On June 2, Patricia taught us the healing power of Horses and the many benefits to both the receiver of services and the volunteers who serve.

Volunteers at Equine Services need to be able to walk about 45 minutes on the day of volunteering and be willing to be outdoors. Volunteers attend trainings offered by SES and assist the instructor to maintain a safe environment, provide stabilization for a rider, lead a horse or assist with grooming and stall maintaining. This is a valuable service for many children, developmentally delayed and veterans.

If you are interested in learning more or becoming a volunteer email : [info@sestherapy.com](mailto:info@sestherapy.com) or call: 618-529-4110



We want to **welcome 25 new volunteers** for May and June to the RSVP of SI Family. We are so glad you are here and appreciate your commitment to your communities!

Patricia B.	Walter B.
Lori B	Joyce B.
Linda C.	Deon C.
Rose F.	Donna Jean G.
Ben H.	Carolyn H.
Gail H.	Rose J.
Carol J.	Mary S.
Robert O.	Mary Lynn P.
Leonard R.	Barry S.
Janet S.	Carol S.
Glen T.	Laura T.
Claude V.	Susan V.
Linda W.	



New Heartland Hospital Volunteers Signing Up for RSVP of SI

# **Bethel AME Church Feed My Sheep Community Soup Kitchen**

Celebrated it's 20 years of service to the Carbondale Community

On June 25, 2022

For 20 years, the Feed My Sheep Community Soup Kitchen Outreach Ministry of Bethel has provided meals to tens of thousands of individuals and to some non-profit organizations throughout the Carbondale community including The Boys and Girls Club and the I Can Read Program.

Feed My Sheep initially began by serving meals three days a week. Seeing that there was a need in our community, they increased to serving meals five days a week from 12-1 to walk-ins and delivering to community members who were elderly and some homebound. When the Covid19 numbers begin to decrease, they will resume serving meals at the church. They are currently preparing two meals a day to be served at the Carbondale Warming Center to over 40 residents.

Feed My Sheep became a volunteer station site in July 2018 and has 3 RSVP of SI volunteers Connie Hawley-Lowe, Delores Penn and William Smith. We appreciate all that Feed My Sheep and Bethel AME Church do for the community. If you are interested in helping with the volunteer efforts at Feed My Sheep please notify RSVP of SI.



## **Volunteers Needed**

### **Southern Hospitality Ministries Food Pantry– Royalton**

Last Thursday of the month from 9-1

### **Heartland Hospital-Marion**

gift shop, greeter and chaplain varied shifts

### **Knights Shield– West Frankfort**

Needs yard work assistance 1x weekly

### **Bicycle Resurrection-Herrin**

Collecting scrap copper for additional funding for the program

Fans, Lights, or most electronics contain scrap copper.

### **Back To School Event-Marion Rent One Park**

July 23 9-2

# Egyptian Area Agency on Aging News



**SHREDDING EVENTS**  
10AM-1PM

Bring your old bank statements, credit card bills, insurance and benefit papers that are no longer needed to our shredding truck and keep your information private and safe! No limits on what papers you shred or how much you need shredded.

**Locations are held at local county senior centers**

- July 15, 2022**  
Harvest Church  
602 E. Davie St, Anna IL
- September 16, 2022**  
WCPA  
1201 Weaver Rd, Herrin IL
- August 19, 2022**  
Senior Adult Services  
409 N. Springer St, Carbondale IL
- October 21, 2022**  
Golden Circle  
15-A Veterans Dr Harrisburg, IL

Event Sponsored By Egyptian Area Agency on Aging and Senior Medicare Patrol  
Questions Please contact Egyptian Area Agency on Aging at (618)985-8311



## Upcoming Events:



## Brewing Memories

**WHAT IS IT?** Come and enjoy a delicious brew from Moore than Coffee's mobile coffee truck in a comfortable, supportive environment where people with dementia and family caregivers can socialize, learn, build support networks, and enjoy activities together!

**WHERE:** First Presbyterian Church of Carterville - 822 West Grand Avenue Carterville, IL 62918

**WHEN:** Beginning Tuesday, June 28<sup>th</sup> and every other Tuesday following. The event will begin at 11:00 am and run until 1:00 pm.

**WHO:** Egyptian Area Agency on Aging is partnering the First Presbyterian Church of Carterville to bring a memory café to Carterville – We will have Panera Bread bagels and a guest speaker from the Alzheimer's Association for our first event. More to come in the following weeks!

Please call Egyptian Area Agency on Aging at 618-985-8311 for more information.





# Volunteers Needed

## Heartland Hospital

Heartland Regional Medical Center has been utilizing volunteers since 2002. Before that time, they utilized volunteers for many years at Marion Memorial Hospital. These volunteers are a friendly face of direction when you enter the building and are there to assist families with patient information during same-day surgeries. In addition to being a friendly face full of knowledge, they also run the Heartland Giftshop. Many don't know that the giftshop has served the community schools of Marion, Johnston City, Goreville and Crab Orchard to provide the HRMC Auxiliary Scholarship, to students entering the medical field. In additions to the scholarships they also assist the hospital with helping individuals to purchase wheel chairs or other assistive devices. The Gift shop is ran by the Heartland Regional Medical Center Auxiliary. Due to Covid, the Volunteers were not able to serve . Starting in May of 2022, they are returning.

**If you are interested in serving at Heartland Regional Medical Center as a volunteer, they have many benefits to include free labs and free lunch or breakfast voucher for the day of volunteering. They have a variety of opportunities and shifts available and need your help!**

**Call Kandi or Emily today to find out more information  
HRMC is located at 3333 W Deyoung Street Marion IL**



# Herrin House Of Hope

Herrin House of Hope had a re-grand opening on May 2, 2022 for their restaurant and their thrift store. They have resumed dine in services from 11-1 Monday–Friday.

For Dine in Services, take a seat, and be served by one of our volunteer staff. Meals are free, but donations will be accepted at any time. Choice of 2 entrée served daily along with a vegetarian option. Please join us outside in their newly remodeled courtyard or inside for your meal.

Please visit our thrift store to purchase fair priced items for your family. All proceeds go to support the meal site and food pantry. In addition, families in need can receive 6 items for free once every 90 days. Additional items are available for a minimal charge

Our food pantry is open to needy families in our area who live within the Herrin School District. It is open on the 3rd full week of each month.

In addition, Herrin House of Hope offers GED services and houses the Bicycle Resurrection Program.

Herrin House of Hope also offers catering services with all proceeds from the catering going back to Herrin House of Hope to serve congregate meals and for the food pantry.

**As you can imagine with all of these services offered, Herrin House of Hope is constantly in need of volunteers to serve daily. They make it easy to serve. All you have to do is show up at 10am any day of the week and they will find a spot for you to help out. They ask that volunteers stay from 10-2 on days of service.**

**To find out additional information call Kandi or Emily Today.**

**Herrin House of Hope is located at 112 N 14th Street Herrin IL**



## Golden Rainbows of Southern Illinois

Golden Rainbows of Illinois South (GRIS), a group formed in 2021 through the Rainbow Cafe LGBTQ Center in Carbondale. We are providing programs and services to the 50+ LGBTQ community in the lower 13 counties of Southern Illinois.

Golden Rainbows of Southern Illinois is teaming up with Egyptian Area Agency on Aging to let the LGBTQ older adults and/or older adults living with HIV know about the programs and services they are eligible for. **Our services come with dignity, compassion, understanding, and respect.**

GRIS also hosts social events throughout the year. For more information, please visit us at: Facebook/ GRIS-Golden Rainbows of Illinois South or reach out directly to either of the Co-facilitators:

Carrie Vine [Carrie@rainbowcafe.org](mailto:Carrie@rainbowcafe.org)

Billy Rogers [gris@rainbowcafe.org](mailto:gris@rainbowcafe.org)

